



*Naj Naáy Spa gives you the most pleasant welcome and invites you to pamper, relax and rejuvenate yourself.*

*We offer a special collection of massages & body treatments, incorporating pure ingredients, delicate fragrances and original Maya techniques.*

*In order to prepare you to receive the healing benefits, if you wish all therapies start with our healing circuit, which includes 60 minutes of: sauna, steam, cold water pool, hot water pool.*

## [Our Maya Therapies Collection](#)

**Limpia Santiguada 60 minutes (deep pressure)                      \$225 usd**

A spiritual cleansing using an infusion of Mayan herbs used to massage the body and to open energy channels with the purpose of looking for the right vibration

**Sobada Maya 80 minutes (abdominal massage)                      \$250 usd**

Therapeutic massage performed by midwives and healers with the purpose of realigning the internal organs that are misaligned

## **Mayan Reawakening 80 minutes**

**\$250 usd**

Medium to deep tissue massage accompanied by a cleansing of the aura with copal and sacred fire

## **Hip realignment 60 minutes**

**\$220 usd**

This therapy with shawls is reminiscent of a hug which envelopes the entire body, allowing us to let go of the intensity of hip damage and child birth and enables us to rediscover our centre

\*\* This treatment needs to be booked 24 hours in advance

## **Energy Healings add ons (add 30 minutes to service) \$50 usd**

Traditional Mayan healing technique with copal, mayan herbs, eggs and the power of a medicinal woman to improve the energetic field

All reservations for treatments and the hydrothermal circuit can be cancelled up to 48 hours before the scheduled appointment free of charge. All cancellations made within 48 hours of the appointment will have a 50% cancellation fee. Reservations canceled the day of the service will have a 100% charge

